

Race Senior and V40 Men 6xRELAY

Pos	Team Name	Time	Leg1	Time	Pos	Leg2	Time	Pos	Leg3	Time	Pos	Leg4	Time	Pos	Leg5	Time	Pos	Leg6	Time	Pos
1	Kilbarchan AAC	2:14:27	Jack Patton (SM)	14:59	1	Lewis Hannigan (SM)	29:02	1	Robbie Ferguson (SM)	15:36	3	Jack Heathwood (SM)	30:38	6	Fraser Gilmour (U20M)	15:36	3	Callum Hawkins (SM)	28:36	1
2	Central Athletic Club	2:14:33	Logan Beagley (U20M)	15:20	6	Luca Fanotoli (SM)	30:14	5	Jonathan Marshall (SM)	15:27	2	James Crowe (SM)	28:48	2	Alastair Marshall (SM)	15:15	1	Hamish Hickey (SM)	29:29	2
3	Cambuslang Harriers	2:17:01	Gavin Smith (SM)	15:22	7	Kevan Harvey (SM)	30:18	6	Andrew McGill (SM)	15:04	1	Cameron Smith (SM)	30:15	5	Jamie Mackinnon (SM)	15:30	2	Callum Tharme (SM)	30:32	6
4	Fife Athletic Club	2:17:50	Ben Sandilands (SM)	15:06	2	Lewis Rodgers (SM)	29:24	3	Robert Sparks (SM)	15:06	7	Andrew Thomson (SM)	30:13	3	Ben Kinnimonth (SM)	16:37	11	Conor Gourley (SM)	30:24	5
5	Shettleston Harriers	2:18:38	Sam Lesley (SM)	16:17	11	Daniel Bradford (SM)	29:53	3	Jonathan Moore (SM)	15:58	4	Ross Goud (SM)	31:06	8	Luke Howard (SM)	15:47	4	Seyd Taha Ghafari (SM)	29:37	3
6	Corstorphine AAC	2:21:01	Angus Smith (SM)	15:09	3	James Dunn (SM)	31:45	10	Calum Mckenzie (SM)	16:02	6	Dougie Selman (SM)	31:54	9	Jack Eykelbosch (SM)	16:13	7	Ewan Brown (SM)	29:58	4
7	Central Athletic Club	2:22:34	Alex Dunlop (U20M)	15:56	9	Calum Phillip (SM)	30:20	7	Josh Wood (SM)	16:53	13	Cameron Milne (SM)	30:13	4	Euan Docherty (U20M)	16:36	10	Christopher Fullerton (SM)	32:36	14
8	Metro Aberdeen Running Club	2:25:06	Scott Melville (SM)	16:19	12	Chris Richardson (SM)	32:07	13	Caiden Thom (U20M)	16:47	11	Will Mackay (SM)	32:27	13	Ben Seath (U20M)	16:14	8	Jordan Cruickshank (SM)	31:12	8
9	Corstorphine AAC V40	2:26:37	Douglas McKinnon (M40)	16:40	18	Donald Macaulay (M40)	31:54	11	Moray Anderson (M40)	17:12	16	Iain Hutchinson (M40)	32:56	17	Chris Poxton (M40)	17:05	15	Stuart Livingstone (M40)	30:50	7
10	Corstorphine AAC	2:27:13	Aaron Hoyle (SM)	15:59	10	Mickey Breen (SM)	32:15	14	Callum Hunter (SM)	16:39	10	Joseph Perkins (SM)	32:58	18	Fraser Smith (SM)	16:27	9	James Wiggins (SM)	32:55	15
11	Edinburgh Athletic Club V40	2:27:23	Jonathan Henderson (M40)	16:54	21	Iain Whitaker (M40)	31:35	9	Richard Meade (M40)	17:32	21	Stuart Johnston (M40)	32:18	12	Neil Renault (M40)	17:28	18	John Lenehan (M40)	31:36	10
12	Glasgow University Hares and Hounds	2:28:05	Aidan Page (U20M)	15:47	8	Stephen Addison (SM)	34:27	24	Seonaidh MacInnes (U20M)	16:48	12	Harry McGill (SM)	32:27	14	Finlay Raynor (SM)	17:07	16	Andrew Carey (SM)	31:29	9
13	Cambuslang Harriers V40	2:30:48	Arthur Calnan (M40)	17:54	31	Iain Reid (M40)	33:20	19	Stuart Gibson (M40)	16:58	14	Colin Reilly (M40)	32:42	15	Ian Hodge (M40)	17:27	17	Gordon Robertson (M40)	32:27	13
14	Lothian Running Club	2:31:17	David Wright (SM)	15:16	5	Mark Ritchie (SM)	33:55	22	Ryan Kirkland (SM)	17:20	17	James Wright (SM)	33:34	20	Moray Pryde (SM)	15:56	6	Joshua Dack (SM)	35:16	20
15	Edinburgh Athletic Club	2:31:26	Noah Howlett (SM)	15:11	4	Michael Cameron (SM)	30:13	4	Pierre-Yves Koenig (SM)	16:25	9	Samuel Leitch (SM)	31:59	11	Mark MacDermot (SM)	18:11	20	John Hancock (SM)	39:27	30
16	Inverness Harriers AAC V40	2:32:56	David McColl (M40)	17:38	26	John Newsom (M40)	32:23	15	Paul Paterson (M40)	17:23	19	Peter Fenwick (M40)	33:45	21	Norman Ferguson (M40)	17:37	19	Donnie Macdonald (M40)	32:22	12
17	East Kilbride Athletic Club	2:32:58	Grant Baillie (M40)	16:26	13	Dage Minors (SM)	33:58	23	Sam Hosie (U20M)	17:23	18	Jack Kirwan (SM)	34:06	23	David Ross (M40)	17:04	14	Andrew Forreath (M40)	34:01	17
18	Metro Aberdeen Running Club V40	2:34:32	Lesley Morrison (M40)	16:35	15	Kenny Garden (M40)	33:30	20	Allan Christie (M40)	17:23	19	Paul Knight (M40)	34:54	25	Dino Roussias (M50)	18:18	22	Matthew Maciocia (M40)	33:52	16
19	Cambuslang Harriers	2:36:59	Sam McCarthy (U20M)	16:35	16	Keir Crawford (SM)	35:26	26	Christopher Black (U20M)	17:04	15	Kevin Farmer (SM)	39:00	38	Lewis Roddis (U20M)	16:43	12	Rory Muir (SM)	32:11	11
20	Giffnock North Athletics Club	2:38:14	Miles Hollinshead (SM)	17:48	30	Oliver Macdonald (U20M)	35:46	31	James Connor (U20M)	15:59	5	Jack Wallace (U20M)	34:15	24	Nikolai Gajić (SM)	16:56	13	Nicholas Boyle (SM)	37:30	26
21	Falkirk Victoria Harriers	2:42:04	Euan McCallum (SM)	19:47	40	Gregor Hunter (U20M)	32:46	17	Gary Smith (SM)	20:19	37	Euan Martin (SM)	32:50	16	Andrew Stephen (SM)	18:44	27	Liam Mitchell (SM)	37:38	27
22	Gala Harriers Athletic Club V40	2:42:49	Paul Henderson (M40)	20:04	43	Simon Adamson (M40)	37:07	37	Matthew Brown (SM)	20:06	36	Darrell Hastie (M40)	30:56	7	Francis McElroy (M40)	19:22	29	Gary Trewartha (M40)	35:14	19
23	Bellahouston Harriers	2:43:32	Ian Sim (M40)	18:54	35	Adam Stark (SM)	32:02	12	Craig Smith (SM)	18:59	25	Paul Clawson (M40)	36:25	28	James McLaughlin (M50)	21:06	34	Cris Walsh (M50)	36:06	23
24	Garscube Harriers	2:43:46	Andy Downey (M50)	20:28	44	James MacLeod (M40)	35:32	28	Matthew MacDonald (M40)	19:21	32	Matthew MacDonald (M40)	35:05	26	John Coyle (M50)	18:31	24	Gavin Spence (SM)	34:49	18
25	Glasgow University Hares and Hounds	2:44:58	Dan De Luca (SM)	18:44	34	Hugh Loneragan (U20M)	38:11	42	Hayden Raftery (SM)	17:23	20	William MacGlashan (SM)	35:48	27	Ieuan Harries (SM)	18:17	21	Finn Boylan (SM)	36:35	24
26	Kirkintilloch Olympians	2:45:08	Kyle Paterson (SM)	17:58	32	Kyle Fleming (SM)	33:37	21	Kenny Robertson (M40)	18:09	23	Tom Paterson (SM)	37:39	33	Ruairi Ferris (SM)	18:58	28	David Allsop (M50)	38:47	29
27	Lothian Running Club	2:45:41	Owen Williams (SM)	18:54	36	Euan Rennie (SM)	35:46	32	Will Moffat (M50)	19:00	26	Driss Kerouh (SM)	36:25	29	Iain Cameron (M40)	20:00	30	Gavin Mackay (M40)	35:36	21
28	Edinburgh Athletic Club	2:48:17	Gary Constable (SM)	16:59	22	Paul Butler (SM)	37:41	39	Sean Eng (SM)	18:22	24	Fergus Ingledeu (SM)	36:39	30	Gordon Pryde (M40)	18:40	26	Peter Dyer (SM)	39:56	33
29	Peterhead Athletics Club	2:49:36	Ewan Calder (SM)	19:09	37	Ross Aird (SM)	35:03	25	Graham Steele (M40)	19:37	34	Chris Forman (SM)	38:24	34	Steve Mc Morrow (M40)	20:16	31	Ryan McRae (SM)	37:07	25
30	Kilmarnock Harrier & Athletic Club	2:52:27	Jordan Phillips (U20M)	17:27	23	Jonathan Downey (U20M)	32:26	16	Connell Drummond (M50)	20:32	38	Craig Ferguson (SM)	38:02	19	Cameron McClymont (SM)	28:32	42	David Anderson (M50)	40:28	34
31	Cumbarnauld Amateur Athletics Club	2:53:27	Ben Doris (SM)	17:40	28	John Stewart (SM)	36:43	34	Callum Ballantyne (SM)	20:44	42	Sean Casey (M50)	40:08	41	Ross McEachern (M50)	22:26	38	Louis R O'Hare (SM)	35:46	22
32	Fife Athletic Club V40	2:56:32	James Hall (M40)	19:14	38	Mike Macdonald (M50)	36:43	35	Rory Sandilands (M40)	19:14	35	Stephen Dickson (M50)	38:59	37	Neil Millar (M50)	21:18	35	Andy Harley (M40)	40:34	35
33	Pitreevie AAC	2:58:51	Thomas Neilson (M40)	22:28	53	Paul Murphy (SM)	35:43	30	Ewan Heeles (M40)	22:05	45	Fraser Harkness (SM)	39:55	40	Neil MacLachlan (M40)	20:59	33	Graeme Downie (M50)	37:41	28
34	East Kilbride Athletic Club	3:02:28	Jonathan Hunter (U20M)	17:38	27	Luke Kirwan (SM)	37:24	38	Gordon Colvin (M60)	25:34	47	Keith Charters (M60)	39:09	39	Michael Carlin (M40)	22:52	39	Jamie Clements (SM)	39:51	32
35	Cambuslang Harriers	3:04:11	Alex Gillies (U20M)	18:30	33	Ross Noble (SM)	39:31	44	Richard Carr (M40)	19:00	27	Tony McCutcheon (M50)	40:24	42	Gary Lyon (M40)	20:53	32	Chris Paton (M50)	45:53	37
36	Glasgow University Hares and Hounds	3:04:27	Greg Potter (SM)	21:22	50	Gregory Woodward (SM)	38:14	43	Cieron Thompson (U20M)	19:20	31	Callum Thompson (U20M)	43:57	44	Sam Grivell (SM)	22:05	37	John Poole (U20M)	39:29	31
37	Lothian Running Club	3:12:35	Andrew Beattie (SM)	21:58	52	William Bishop (M50)	45:13	48	Mark Young (SM)	21:54	44	Colin Partridge (M40)	38:46	36	David Gray (M60)	21:38	36	George Gilhooley (M60)	43:06	36
38	Pitreevie AAC V40	3:32:15	Jeff Farquhar (M60)	19:50	41	John Cruickshank (M50)	46:48	49	Desmond Fitzgerald (M50)	20:41	41	Andrew McFarlane (M40)	46:38	45	Samuel McCarlie (M70)	31:09	44	Scott Walker (M40)	47:09	39
39	Lothian Running Club	3:35:42	Jonathan Thomson (M50)	21:05	47	Liam Scott (SM)	51:31	51	Kevin Godfrey (M50)	25:57	48	Gregor Leggett (M40)	47:09	47	Russell Rennie (M60)	23:40	41	Omar Patel (M50)	46:20	38
40	Calderglen Harriers	3:41:06	Iain Maclean (M50)	21:05	48	Scott Hair (SM)	44:47	47	Russell Couper (M60)	29:05	50	Craig Ferguson (M40)	46:41	46	Vivek Sahasrabudde (M40)	30:12	43	Robert Gibson (M40)	49:16	40
	Falkirk Victoria Harriers V40		Malcolm Finlayson (M50)	23:32	54	Mark Sutherland (M40)														
	Cambuslang Harriers V40		Alan Anderson (M50)	21:44	51															
	Corstorphine AAC V40		Tom Ferrington (M40)	17:36	25															
	Lothian Running Club V40		Stevie Reynolds (M60)	26:45	55	Stewart Strath (M40)	49:44	50	Phillip Jurczyk (M70)	40:59	52									
	Kirkintilloch Olympians V40		Drew Paterson (M50)	21:05	49	Jonathan Sharp (M40)	41:06	46	Kevin Dunn (M40)	19:18	30									
	Shettleston Harriers		Paul Sorrie (M40)	17:44	29	Callum Butterworth (SM)	35:26	27	Stephen Clark (M40)	21:10	43									
	Corstorphine AAC		Fearghas Thomson (SM)	16:38	17	Christopher Fife (SM)	37:56	40	James Vivian (U20M)	19:35	33									
	Metro Aberdeen Running Club		Callum Simpson (SM)	20:46	46	Scott Adams (SM)	38:10	41	Craig MacNamara (SM)	20:33	39	Brian Robb (M40)	37:33	32						
	Giffnock North Athletics Club		Garry Sturgeon (M50)	19:53	42	Scott Goldie (M40)	36:57	36	John Lafferty (SM)	19:01	28	Jamie Taggart (SM)	36:55	31						
	Teviotdale Harriers		Rory Anderson (SM)	16:45	19	Greg Walker (M40)	33:11	18	Scott Watson (M40)	20:37	40	Andrew Gibson (M40)	38:33	35						
	Edinburgh Athletic Club		Nikhil Mair (SM)	19:35	39	Iain Craven (M40)	40:13	45	Eric Stevenson (M70)	27:12	49	Gavin Phillip (M50)	42:23	43	Kevin Hamilton (M40)	18:34	25			
	Clydesdale Harriers		Iain Robertson (M40)	20:31	45	Michael Miller (SM)	35:37	29	Daniel Docherty (U20M)	24:49	46	Ryan Nelson (SM)	48:24	48	Tony Dolan (SM)	18:26	23	Michael Diver (M50)		
	Central Athletic Club		Lewis Millar (M40)	17:34	24	Aaron Middleton (U20M)	36:31	33	Andrew Irvine (SM)	17:59	22	Euan Andrews (SM)	33:54	22	Kenneth Hislop (M40)	23:37	40			
	Edinburgh University Hare and Hounds		Huw Riley (SM)	16:31	14	Angus Wright (U20M)	30:50	8	Alex Mackenzie (SM)	16:08	8	Freddie Fearn (SM)	31:54	10	Aaron Cardno (U20M)	15:47	5			

Race V40 Men 6xRELAY

Pos	Team Name	Time	Leg1	Time	Pos	Leg2	Time	Pos	Leg3	Time	Pos	Leg4	Time	Pos	Leg5	Time	Pos	Leg6	Time	Pos
9	Corstorphine AAC V40	2:26:37	Douglas McKinnon (M40)	16:40	18	Donald Macaulay (M40)	31:54	11	Moray Anderson (M40)	17:12	16	Iain Hutchinson (M40)	32:56	17	Chris Poxton (M40)	17:05	15	Stuart Livingstone (M40)	30:50	7
11	Edinburgh Athletic Club V40	2:27:23	Jonathan Henderson (M40)	16:54	21	Iain Whitaker (M40)	31:35	9	Richard Meade (M40)	17:32	21	Stuart Johnston (M40)	32:18	12	Neil Renault (M40)	17:28	18	John Lenehan (M40)	31:36	10
13	Cambuslang Harriers V40	2:30:48	Arthur Calnan (M40)	17:54	31	Iain Reid (M40)	33:20	19	Stuart Gibson (M40)	16:58	14	Colin Reilly (M40)	32:42	15	Ian Hodge (M40)	17:27	17	Gordon Robertson (M40)	32:27	13
16	Inverness Harriers AAC V40	2:32:56	David McColl (M40)	17:38	26	John Newsom (M40)	32:23	15	Paul Paterson (M40)	19:11	29	Peter Fenwick (M40)	33:45	21	Norman Ferguson (M40)	17:37	19	Donnie Macdonald (M40)	32:22	12
18	Metro Aberdeen Running Club V40	2:34:32	Lesley Morrison (M40)	16:35	15	Kenny Garden (M40)	33:30	20	Allan Christie (M40)	17:23	19	Paul Knight (M40)	34:54	25	Dino Roussias (M50)	18:18	22	Matthew Maciocia (M40)	33:52	16
22	Gala Harriers Athletic Club V40	2:42:49	Paul Henderson (M40)	20:04	43	Iain Stewart (M40)	37:07	37	Simon Adamson (M40)	20:06	36	Darrell Hastie (M40)	30:56	7	Francis McElroy (M40)	19:22	29	Gary Trewartha (M40)	35:14	19
32	Fife Athletic Club V40	2:56:32	James Hall (M40)	19:14	38	Mike Macdonald (M50)	36:43	35	Rory Sandilands (M40)	19:14	35	Stephen Dickson (M50)	38:59	37	Neil Millar (M50)	21:18	35	Andy Harley (M40)	40:34	35
38	Pitreevie AAC V40	3:32:15	Jeff Farquhar (M60)	19:50	41	John Cruickshank (M50)	46:48	49	Desmond Fitzgerald (M50)	20:41	41	Andrew McFarlane (M40)	46:38	45	Samuel McCarrie (M70)	31:09	44	Scott Walker (M40)	47:09	39
	Falkirk Victoria Harriers V40		Malcolm Finlayson (M50)	23:32	54	Mark Sutherland (M40)														
	Cambuslang Harriers V40		Alan Anderson (M50)	21:44	51															
	Corstorphine AAC V40		Tom Ferrington (M40)	17:36	25															
	Lothian Running Club V40		Stevie Reynolds (M60)	26:45	55	Stewart Strath (M40)	49:44	50	Phillip Jurczyk (M70)	40:59	52									
	Kirkintilloch Olympians V40		Drew Paterson (M50)	21:05	49	Jonathan Sharp (M40)	41:06	46	Kevin Dunn (M40)	19:18	30									

Race V50 Men 4xRELAY

Pos	Team Name	Time	Leg1	Time	Pos	Leg2	Time	Pos	Leg3	Time	Pos	Leg4	Time	Pos
1	Cambuslang Harriers V50	1:45:16	Chris Upson (M60)	18:09	2	Justin Carter (M50)	33:59	1	Mark Gallacher (M50)	17:38	1	Stephen Wylie (M50)	35:30	4
2	Corstorphine AAC V50	1:46:48	Jeremy Rogers (M50)	17:38	1	Max Colligan (M50)	34:51	3	Stuart Campbell (M50)	19:02	3	Alan Cunningham (M50)	35:17	3
3	Edinburgh Athletic Club V50	1:46:50	David Cross (M60)	19:44	5	Tim Hely (M50)	34:28	2	Michael Fullerton (M50)	18:20	2	Adam Rouse (M50)	34:18	2
4	Central Athletic Club V50	1:49:03	Donald Shaw (M50)	18:52	3	Gerard Taylor (M50)	36:40	5	Jens Subke (M50)	20:07	4	Scott Brember (M50)	33:24	1
5	Cambuslang Harriers V50	1:57:44	Des Dickson (M60)	20:02	6	Richard Cooper (M50)	35:37	4	Edward Stewart (M60)	20:25	5	Daniel O'Connell (M50)	41:40	7
6	Victoria Park City of Glasgow AC V50	2:03:07	Allan Cameron (M50)	19:12	4	Stuart Kelly (M50)	43:40	9	Sandy Gardner (M50)	20:48	7	Alex Potter (M60)	39:27	6
7	Edinburgh Athletic Club V50	2:06:18	Dave Clements (M50)	20:22	8	Lewis Orr (M50)	41:12	6	Brian Howie (M70)	26:48	10	Daniel Rivera (M50)	37:56	5
8	Gala Harriers Athletic Club V50	2:06:43	James Dennison (M50)	20:08	7	Liam Kemp (M50)	42:31	8	Ian Maxwell (M60)	21:05	8	Bob Johnson (M60)	42:59	8
9	Central Athletic Club V50	2:13:30	Tony Disley (M50)	20:43	9	Charles Graham-Marr (M60)	41:58	7	Allan Gall (M60)	24:50	9	Hugh Buchanan (M60)	45:59	11
10	Linlithgow Athletic Club V50	2:14:07	Darren Dick (M50)	21:02	10	Ian Fyfe (M60)	48:56	11	Mark Eggeling (M50)	20:47	6	Mark Geraghty (M50)	43:22	9
11	Corstorphine AAC V50	2:21:51	Steven Blair (M60)	24:17	11	Jan-Bert Van Den Berg (M60)	46:12	10	Martin Caldwell (M70)	26:48	11	Brent Vivian (M50)	44:34	10
	Garscube Harriers V50		Stephen Cullen (M60)	28:23	12	Stuart Irvine (M70)	58:17	12						

Race Senior and V40 Women 4xRELAY

Pos	Team Name	Time	Leg1	Time	Pos	Leg2	Time	Pos	Leg3	Time	Pos	Leg4	Time	Pos
1	Inverness Harriers AAC	1:45:22	Caitlyn Heggie (U20W)	18:14	2	Helen Leigh (W40)	36:43	4	Jenny Bannerman (SW)	18:26	2	Megan Keith (SW)	31:59	1
2	Edinburgh Athletic Club	1:45:53	Beth Ansell (SW)	17:17	1	Hannah Cox (SW)	35:43	1	Amy Vincent (SW)	18:57	4	Kirsty Walker (SW)	33:56	2
3	Central Athletic Club	1:48:18	Grace Whelan (SW)	18:28	3	Jennifer Wetton (SW)	36:03	2	Tuscany Wright (U20W)	18:45	3	Morag Millar (SW)	35:02	3
4	Cambuslang Harriers	1:50:56	Zara Higgins (SW)	20:20	12	Katie Clubb (SW)	36:56	6	Zoe Pflug (SW)	18:03	1	Eve MacKinnon (SW)	35:37	4
5	Corstorphine AAC	1:53:17	Kirstin Maxwell (SW)	19:28	7	Fiona Davies (SW)	36:28	3	Kirsty Macaulay (SW)	19:00	5	Jessica Tovey (SW)	38:21	6
6	Edinburgh University Hare and Hounds	1:55:55	Isabel Mansley (U20W)	18:36	4	Abigail Campbell (SW)	38:22	9	Maya Millar (U20W)	19:51	6	Ceri Griffiths (U20W)	39:06	8
7	Garscube Harriers V40	1:59:43	Gillian Blee (W40)	20:16	11	Mary Senior (W50)	39:15	11	Ilona Kriauszaitė (W40)	22:28	15	Katie White (W40)	37:44	5
8	Corstorphine AAC	2:03:32	Emily Crusher (SW)	20:38	13	Sophie Collins (SW)	41:43	15	Megan Smith (SW)	22:13	14	Kara Tait (SW)	38:58	7
9	Edinburgh University Hare and Hounds	2:04:21	Esme Dougall (U20W)	19:58	10	Saskia Chaplin (SW)	41:54	16	Ilona Stroma Hubbard (U20W)	22:09	13	Catrina Kane (U20W)	40:20	9
10	Edinburgh Athletic Club	2:07:17	Anise MacAulay Orr (U20W)	19:47	8	Frances Liddell (SW)	39:14	10	Lauren Stoddart (SW)	21:04	8	Emma Laverie (W40)	47:12	18
11	Falkirk Victoria Harriers	2:09:07	Katie Christie (U20W)	19:48	9	Freya Ross (W40)	36:51	5	Niamh Brown (SW)	21:54	12	Janet Murray (W40)	50:34	21
12	Stirling University Athletics Club	2:09:21	Louisa Brown (U20W)	19:19	5	Shannon MacLeod (SW)	43:17	17	Emma Livingstone (SW)	21:07	9	Claire Qualls (SW)	45:38	16
13	Bellahouston Harriers	2:10:43	Melanie Ronald (W50)	22:47	18	Mhairi MacTier (SW)	40:01	13	Lauren Mackay (W40)	24:02	19	Katherine Hylands (SW)	43:53	13
14	Glasgow University Hares and Hounds	2:11:05	Tara Talulah Garioch (SW)	21:52	15	Sadie Crossdale (U20W)	44:09	18	Ruby McGill (U20W)	21:27	11	Louisa Jones (SW)	43:37	11
15	Central Athletic Club	2:11:22	Cliona Diamond (SW)	24:17	22	Amy Gough (U20W)	40:18	14	Hannah Hislop (SW)	24:44	23	Louise Torr (SW)	42:03	10
16	Cumbernauld Amateur Athletics Club	2:11:40	Alicia Paton (SW)	19:24	6	Carla Mclellan (SW)	44:21	19	Alana Stewart (SW)	24:14	21	Louise Smith (W40)	43:41	12
17	Greenock Glenpark Harriers V40	2:12:27	Jennifer Telford (W50)	23:38	21	Jill Cox (W40)	37:50	8	Heather Lafferty (W40)	24:24	22	Fiona Macfarlane (W40)	46:35	17
18	Garscube Harriers	2:14:24	Diane Clark (W40)	22:39	17	Maisie Blair (SW)	44:45	21	Heather Crawford (SW)	22:35	16	Laura Gray (W40)	44:25	15
19	Pitreevie AAC	2:15:50	Jennifer MacFarlane (W40)	23:10	20	Gemma Chalmers (W40)	44:23	20	Diane Stewart (SW)	23:54	18	Karyn Stewart (SW)	44:23	14
20	Lothian Running Club V40	2:22:02	Kirsty Gray (W40)	25:10	26	Christine MacVarish (W50)	46:29	22	Andrea Cameron (W40)	22:44	17	Judith Thomson (W50)	47:39	19
21	Falkirk Victoria Harriers	2:28:50	Katie Bennie (U20W)	22:51	19	Debz Graham (W50)	52:03	26	Sharon Mcphee (W50)	24:02	20	Monica Anderson (W50)	49:54	20
	Edinburgh Athletic Club V40		Karen Dobbie (W50)	22:21	16									
	Corstorphine AAC V40		Caroline Rae (W50)	27:05	28	Janet Grigor (W50)	51:44	25						
	Bellahouston Harriers V40		Christine McKay (W60)	24:31	24	Stephanie Rudd (W50)	51:02	24						
	Shettleston Harriers		Emma McKinnon (SW)	24:34	25									
	East Kilbride Athletic Club		Aimee Anderson (U20W)	25:47	27	Amy Andrew (U20W)	39:45	12	Laura Maria Hervas (W40)					
	Lothian Running Club		Liz Bondi (W60)	29:22	29	Kirsten Paul (SW)	53:42	27	Mags Turnbull (W60)	32:47	24			
	Cambuslang Harriers		Marie Kane (SW)	21:09	14	Rachel Wardrope (SW)	48:14	23	Catrina Bain (SW)	20:39	7			
	Lothian Running Club		Abigail Strath (SW)	24:27	23	Jo Williams (SW)	37:06	7	Lana Turnbull (SW)	21:26	10	Courtney Moffat (SW)		

Race V40 Women 4xRELAY

Pos	Team Name	Time	Leg1	Time	Pos	Leg2	Time	Pos	Leg3	Time	Pos	Leg4	Time	Pos
1	Garscube Harriers V40	1:59:43	Gillian Blee (W40)	20:16	11	Mary Senior (W50)	39:15	11	Ilona Kriauszaitė (W40)	22:28	15	Katie White (W40)	37:44	5
2	Greenock Glenpark Harriers V40	2:12:27	Jennifer Telford (W50)	23:38	21	Jill Cox (W40)	37:50	8	Heather Lafferty (W40)	24:24	22	Fiona Macfarlane (W40)	46:35	17
3	Lothian Running Club V40	2:22:02	Kirsty Gray (W40)	25:10	26	Christine MacVarish (W50)	46:29	22	Andrea Cameron (W40)	22:44	17	Judith Thomson (W50)	47:39	19
	Edinburgh Athletic Club V40		Karen Dobbie (W50)	22:21	16									
	Corstorphine AAC V40		Caroline Rae (W50)	27:05	28	Janet Grigor (W50)	51:44	25						
	Bellahouston Harriers V40		Christine McKay (W60)	24:31	24	Stephanie Rudd (W50)	51:02	24						

Race V50 Women 4xRELAY

Pos	Team Name	Time	Leg1	Time	Pos	Leg2	Time	Pos	Leg3	Time	Pos	Leg4	Time	Pos
1	Giffnock North Athletics Club	1:23:08	Hilary Carswell (W50)	21:49	4	Allie Chong (W50)	38:50	1	Angela Carson (W50)	22:29	2			
2	Edinburgh Athletic Club	1:23:37	Susan Ridley (W50)	21:12	2	Janet Dunbar (W50)	41:18	3	Julie Wilson (W50)	21:07	1			
3	Kirkintilloch Olympians	1:24:24	Anne Marie McGregor (W50)	19:51	1	Elaine Hogg (W50)	41:05	2	Marina McCallum (W50)	23:28	3			
4	Gala Harriers Athletic Club	1:28:37	Gillian Lunn (W50)	22:28	5	Julia Johnstone (W50)	42:17	4	Eileen Maxwell (W60)	23:52	4			
5	Cambuslang Harriers	1:30:50	Jacqui Thomson (W60)	21:30	3	Bernadette O'Neil (W50)	44:15	6	Erica Christie (W60)	25:05	5			
6	Perth Road Runners	1:33:42	Fabienne Thompson (W50)	23:21	7	Liz Johnston (W50)	43:32	5	Fiona Manson (W50)	26:49	6			
7	Kirkintilloch Olympians	1:45:21	Marie McChord (W60)	23:13	6	Ada Stewart (W60)	50:21	8	Shirley MacNab (W60)	31:47	8			
8	Pitreevie AAC	1:46:32	Christine Syme (W70)	28:35	8	Rosemary Gallagher (W50)	48:34	7	Morna Fleming (W70)	29:23	7			

Rank	Athlete	Club	Time	AgePos	Leg
1	Jack Patton (SM)	Kilbarchan AAC	14:59	1	1
2	Andrew McGill (SM)	Cambuslang Harriers	15:04	2	3
3	Ben Sandilands (SM)	Fife Athletic Club	15:06	3	1
4	Angus Smith (SM)	Corstorphine AAC	15:09	4	1
5	Noah Howlett (SM)	Edinburgh Athletic Club	15:11	5	1
6	Alastair Marshall (SM)	Central Athletic Club	15:15	6	5
7	David Wright (SM)	Lothian Running Club	15:16	7	1
8	Logan Beagley (U20M)	Central Athletic Club	15:20	1	1
9	Gavin Smith (SM)	Cambuslang Harriers	15:22	8	1
10	Jonathan Marshall (SM)	Central Athletic Club	15:27	9	3
11	Jamie Mackinnon (SM)	Cambuslang Harriers	15:30	10	5
12	Robbie Ferguson (SM)	Kilbarchan AAC	15:36	11	3
12	Fraser Gilmour (U20M)	Kilbarchan AAC	15:36	2	5
14	Aidan Page (U20M)	Glasgow University Hares and Hounds	15:47	3	1
14	Luke Howard (SM)	Shettleston Harriers	15:47	12	5
14	Aaron Cardno (U20M)	Edinburgh University Hare and Hounds	15:47	3	5
17	Alex Dunlop (U20M)	Central Athletic Club	15:56	5	1
17	Moray Pryde (SM)	Lothian Running Club	15:56	13	5
19	Jonathan Moore (SM)	Shettleston Harriers	15:58	14	3
20	Aaron Hoyle (SM)	Corstorphine AAC	15:59	15	1
20	Jamie Connor (U20M)	Giffnock North Athletics Club	15:59	6	3
22	Calum Mckenzie (SM)	Corstorphine AAC	16:02	16	3
23	Robert Sparks (SM)	Fife Athletic Club	16:06	17	3
24	Alex Mackenzie (SM)	Edinburgh University Hare and Hounds	16:08	18	3
25	Jack Eykelbosch (SM)	Corstorphine AAC	16:13	19	5
26	Ben Seath (U20M)	Metro Aberdeen Running Club	16:14	7	5
27	Sam Lesley (SM)	Shettleston Harriers	16:17	20	1
28	Scott Melville (SM)	Metro Aberdeen Running Club	16:19	21	1
29	Pierre-Yves Koenig (SM)	Edinburgh Athletic Club	16:25	22	3
30	Grant Baillie (M40)	East Kilbride Athletic Club	16:26	1	1
31	Fraser Smith (SM)	Corstorphine AAC	16:27	23	5
32	Huw Riley (SM)	Edinburgh University Hare and Hounds	16:31	24	1
33	Lesley Morrison (M40)	Metro Aberdeen Running Club V40	16:35	2	1
33	Sam McCarthy (U20M)	Cambuslang Harriers	16:35	8	1
35	Euan Docherty (U20M)	Central Athletic Club	16:36	9	5
36	Ben Kinninmonth (SM)	Fife Athletic Club	16:37	25	5
37	Fearghas Thomson (SM)	Corstorphine AAC	16:38	26	1
38	Callum Hunter (SM)	Corstorphine AAC	16:39	27	3
39	Douglas McKinnon (M40)	Corstorphine AAC V40	16:40	3	1
40	Lewis Roddis (U20M)	Cambuslang Harriers	16:43	10	5
41	Rory Anderson (SM)	Teviotdale Harriers	16:45	28	1
42	Caiden Thom (U20M)	Metro Aberdeen Running Club	16:47	11	3
43	Seonaidh MacInnes (U20M)	Glasgow University Hares and Hounds	16:48	12	3
44	James Grant (SM)	Stirling University Athletics Club	16:49	29	1
45	Josh Wood (SM)	Central Athletic Club	16:53	30	3
46	Jonathan Henderson (M40)	Edinburgh Athletic Club V40	16:54	4	1
47	Nikolai Gajić (SM)	Giffnock North Athletics Club	16:56	31	5
48	Stuart Gibson (M40)	Cambuslang Harriers V40	16:58	5	3
49	Gary Constable (SM)	Edinburgh Athletic Club	16:59	32	1
50	Christopher Black (U20M)	Cambuslang Harriers	17:04	13	3
50	David Ross (M40)	East Kilbride Athletic Club	17:04	6	5

Rank	Athlete	Club	Time	Age	Pos	Leg
52	Chris Poxton (M40)	Corstorphine AAC V40	17:05	7	5	
53	Finlay Raynor (SM)	Glasgow University Hares and Hounds	17:07	33	5	
54	Moray Anderson (M40)	Corstorphine AAC V40	17:12	8	3	
55	Ryan Kirkland (SM)	Lothian Running Club	17:20	34	3	
56	Sam Hosie (U20M)	East Kilbride Athletic Club	17:23	14	3	
56	Allan Christie (M40)	Metro Aberdeen Running Club V40	17:23	9	3	
56	Hayden Raftery (SM)	Glasgow University Hares and Hounds	17:23	35	3	
59	Jordan Phillips (U20M)	Kilmarnock Harrier & Athletic Club	17:27	15	1	
59	Ian Hodge (M40)	Cambuslang Harriers V40	17:27	10	5	
61	Neil Renault (M40)	Edinburgh Athletic Club V40	17:28	11	5	
62	Richard Meade (M40)	Edinburgh Athletic Club V40	17:32	12	3	
63	Lewis Millar (M40)	Central Athletic Club	17:34	13	1	
64	Tom Ferrington (M40)	Corstorphine AAC V40	17:36	14	1	
65	Norman Ferguson (M40)	Inverness Harriers AAC V40	17:37	15	5	
66	David McColl (M40)	Inverness Harriers AAC V40	17:38	16	1	
66	Jonathan Hunter (U20M)	East Kilbride Athletic Club	17:38	16	1	
66	Jeremy Rogers (M50)	Corstorphine AAC V50	17:38	1	1	
66	Mark Gallacher (M50)	Cambuslang Harriers V50	17:38	1	3	
70	Ben Doris (SM)	Cumbernauld Amateur Athletics Club	17:40	36	1	
71	Paul Sorrie (M40)	Shettleston Harriers	17:44	17	1	
72	Miles Hollinshead (SM)	Giffnock North Athletics Club	17:48	37	1	
73	Arthur Calnan (M40)	Cambuslang Harriers V40	17:54	18	1	
74	Kyle Paterson (SM)	Kirkintilloch Olympians	17:58	38	1	
75	Andrew Irvine (SM)	Central Athletic Club	17:59	39	3	
76	Chris Upton (M60)	Cambuslang Harriers V50	18:09	1	1	
76	Kenny Robertson (M40)	Kirkintilloch Olympians	18:09	19	3	
78	Mark MacDermot (SM)	Edinburgh Athletic Club	18:11	40	5	
79	Ieuan Harries (SM)	Glasgow University Hares and Hounds	18:17	41	5	
80	Dino Roussias (M50)	Metro Aberdeen Running Club V40	18:18	3	5	
81	Michael Fullerton (M50)	Edinburgh Athletic Club V50	18:20	4	3	
82	Sean Eng (SM)	Edinburgh Athletic Club	18:22	42	3	
83	Tony Dolan (SM)	Clydesdale Harriers	18:26	43	5	
84	Alex Gillies (U20M)	Cambuslang Harriers	18:30	17	1	
85	John Coyle (M50)	Garscube Harriers	18:31	5	5	
86	Kevin Hamilton (M40)	Edinburgh Athletic Club	18:34	20	5	
87	Gordon Pryde (M40)	Edinburgh Athletic Club	18:40	21	5	
88	Dan De Luca (SM)	Glasgow University Hares and Hounds	18:44	44	1	
88	Andrew Stephen (SM)	Falkirk Victoria Harriers	18:44	44	5	
90	Donald Shaw (M50)	Central Athletic Club V50	18:52	6	1	
91	Ian Sim (M40)	Bellahouston Harriers	18:54	22	1	
91	Owen Williams (SM)	Lothian Running Club	18:54	46	1	
93	Ruairi Ferris (SM)	Kirkintilloch Olympians	18:58	47	5	
94	Matthew Brown (SM)	Bellahouston Harriers	18:59	48	3	
95	Will Moffat (M50)	Lothian Running Club	19:00	7	3	
95	Richard Carr (M40)	Cambuslang Harriers	19:00	23	3	
97	John Lafferty (SM)	Giffnock North Athletics Club	19:01	49	3	
98	Stuart Campbell (M50)	Corstorphine AAC V50	19:02	8	3	
99	Ewan Calder (SM)	Peterhead Athletics Club	19:09	50	1	
100	Paul Paterson (M40)	Inverness Harriers AAC V40	19:11	24	3	

Rank	Athlete	Club	Time	AgePos	Leg
101	Allan Cameron (M50)	Victoria Park City of Glasgow AC V50	19:12	9	1
102	James Hall (M40)	Fife Athletic Club V40	19:14	25	1
103	Kevin Dunn (M40)	Kirkintilloch Olympians V40	19:18	26	3
104	Cieron Hadfield (U20M)	Glasgow University Hares and Hounds	19:20	18	3
105	Craig Smith (SM)	Garscube Harriers	19:21	51	3
106	Francis Mcelroy (M40)	Gala Harriers Athletic Club V40	19:22	27	5
107	Nikhil Mair (SM)	Edinburgh Athletic Club	19:35	52	1
107	James Vivian (U20M)	Corstorphine AAC	19:35	19	3
109	Graham Steele (M40)	Peterhead Athletics Club	19:37	28	3
110	David Cross (M60)	Edinburgh Athletic Club V50	19:44	2	1
110	Rory Sandilands (M40)	Fife Athletic Club V40	19:44	29	3
112	Euan McCallum (SM)	Falkirk Victoria Harriers	19:47	53	1
113	Jeff Farquhar (M60)	Pitreavie AAC V40	19:50	3	1
114	Garry Sturgeon (M50)	Giffnock North Athletics Club	19:53	10	1
115	Iain Cameron (M40)	Lothian Running Club	20:00	30	5
116	Des Dickson (M60)	Cambuslang Harriers V50	20:02	4	1
117	Paul Henderson (M40)	Gala Harriers Athletic Club V40	20:04	31	1
118	Simon Adamson (M40)	Gala Harriers Athletic Club V40	20:06	32	3
119	Jens Subke (M50)	Central Athletic Club V50	20:07	11	3
120	James Dennison (M50)	Gala Harriers Athletic Club V50	20:08	12	1
121	Steve Mc Morrow (M40)	Peterhead Athletics Club	20:16	33	5
122	Gary Smith (SM)	Falkirk Victoria Harriers	20:19	54	3
123	Dave Clements (M50)	Edinburgh Athletic Club V50	20:22	13	1
124	Edward Stewart (M60)	Cambuslang Harriers V50	20:25	5	3
125	Andy Downey (M50)	Garscube Harriers	20:28	14	1
126	Iain Robertson (M40)	Clydesdale Harriers	20:31	34	1
127	Connell Drummond (M50)	Kilmarnock Harrier & Athletic Club	20:32	15	3
128	Craig MacNamara (SM)	Metro Aberdeen Running Club	20:33	55	3
129	Scott Watson (M40)	Teviotdale Harriers	20:37	35	3
130	Desmond Fitzgerald (M50)	Pitreavie AAC V40	20:41	16	3
131	Tony Disley (M50)	Central Athletic Club V50	20:43	17	1
132	Callum Ballantyne (SM)	Cumbernauld Amateur Athletics Club	20:44	56	3
133	Callum Simpson (SM)	Metro Aberdeen Running Club	20:46	57	1
134	Mark Eggeling (M50)	Linlithgow Athletic Club V50	20:47	18	3
135	Sandy Gardner (M50)	Victoria Park City of Glasgow AC V50	20:48	19	3
136	Gary Lyon (M40)	Cambuslang Harriers	20:53	36	5
137	Neil MacLachlan (M40)	Pitreavie AAC	20:59	37	5
138	Darren Dick (M50)	Linlithgow Athletic Club V50	21:02	20	1
139	Jonathan Thomson (M50)	Lothian Running Club	21:05	21	1
139	Iain Maclean (M50)	Calderglen Harriers	21:05	21	1
139	Drew Paterson (M50)	Kirkintilloch Olympians V40	21:05	21	1
139	Ian Maxwell (M60)	Gala Harriers Athletic Club V50	21:05	6	3
143	James McLaughlin (M50)	Bellahouston Harriers	21:06	24	5
144	Stephen Clark (M40)	Shettleston Harriers	21:10	38	3
145	Neil Millar (M50)	Fife Athletic Club V40	21:18	25	5
146	Greg Potter (SM)	Glasgow University Hares and Hounds	21:22	58	1
147	David Gray (M60)	Lothian Running Club	21:38	7	5
148	Alan Anderson (M50)	Cambuslang Harriers V40	21:44	26	1
149	Mark Young (SM)	Lothian Running Club	21:54	59	3
150	Andrew Beattie (SM)	Lothian Running Club	21:58	60	1

Rank	Athlete	Club	Time	AgePos	Leg
151	Ewan Heeles (M40)	Pitreavie AAC	22:05	39	3
151	Sam Grivell (SM)	Glasgow University Hares and Hounds	22:05	61	5
153	Ross McEachern (M50)	Cumbernauld Amateur Athletics Club	22:26	27	5
154	Thomas Neilson (M40)	Pitreavie AAC	22:28	40	1
155	Michael Carlin (M40)	East Kilbride Athletic Club	22:52	41	5
156	Malcolm Finlayson (M50)	Falkirk Victoria Harriers V40	23:32	28	1
157	Kenneth Hislop (M40)	Central Athletic Club	23:37	42	5
158	Russell Rennie (M60)	Lothian Running Club	23:40	8	5
159	Steven Blair (M60)	Corstorphine AAC V50	24:17	9	1
160	Daniel Docherty (U20M)	Clydesdale Harriers	24:49	20	3
161	Allan Gall (M60)	Central Athletic Club V50	24:50	10	3
162	Gordon Colvin (M60)	East Kilbride Athletic Club	25:34	11	3
163	Kevin Godfrey (M50)	Lothian Running Club	25:57	29	3
164	Stevie Reynolds (M60)	Lothian Running Club V40	26:45	12	1
165	Brian Howie (M70)	Edinburgh Athletic Club V50	26:48	1	3
165	Martin Caldwell (M70)	Corstorphine AAC V50	26:48	1	3
167	Eric Stevenson (M70)	Edinburgh Athletic Club	27:12	3	3
168	Stephen Cullen (M60)	Garscube Harriers V50	28:23	13	1
169	Cameron McClymont (SM)	Kilmarnock Harrier & Athletic Club	28:32	62	5
170	Russell Couper (M60)	Calderglen Harriers	29:05	14	3
171	Vivek Sahasrabuddhe (M40)	Calderglen Harriers	30:12	43	5
172	Samuel McCarlie (M70)	Pitreavie AAC V40	31:09	4	5
173	Phillip Jurczyk (M70)	Lothian Running Club V40	40:59	5	3

Rank	Athlete	Club	Time	AgePos	Leg
1	Beth Ansell (SW)	Edinburgh Athletic Club	17:17	1	1
2	Zoe Pflug (SW)	Cambuslang Harriers	18:03	2	3
3	Caitlyn Heggie (U20W)	Inverness Harriers AAC	18:14	1	1
4	Jenny Bannerman (SW)	Inverness Harriers AAC	18:26	3	3
5	Grace Whelan (SW)	Central Athletic Club	18:28	4	1
6	Isabel Mansley (U20W)	Edinburgh University Hare and Hounds	18:36	2	1
7	Tuscany Wright (U20W)	Central Athletic Club	18:45	3	3
8	Amy Vincent (SW)	Edinburgh Athletic Club	18:57	5	3
9	Kirsty Macaulay (SW)	Corstorphine AAC	19:00	6	3
10	Louisa Brown (U20W)	Stirling University Athletics Club	19:19	4	1
11	Alicia Paton (SW)	Cumbernauld Amateur Athletics Club	19:24	7	1
12	Kirstin Maxwell (SW)	Corstorphine AAC	19:28	8	1
13	Anise MacAulay Orr (U20W)	Edinburgh Athletic Club	19:47	5	1
14	Katie Christie (U20W)	Falkirk Victoria Harriers	19:48	6	1
15	Anne Marie McGregor (W50)	Kirkintilloch Olympians	19:51	1	1
15	Maya Millar (U20W)	Edinburgh University Hare and Hounds	19:51	7	3
17	Esme Dougall (U20W)	Edinburgh University Hare and Hounds	19:58	8	1
18	Gillian Blee (W40)	Garscube Harriers V40	20:16	1	1
19	Zara Higgins (SW)	Cambuslang Harriers	20:20	9	1
20	Emily Crusher (SW)	Corstorphine AAC	20:38	10	1
21	Catrina Bain (SW)	Cambuslang Harriers	20:39	11	3
22	Lauren Stoddart (SW)	Edinburgh Athletic Club	21:04	12	3
23	Emma Livingstone (SW)	Stirling University Athletics Club	21:07	13	3
23	Julie Wilson (W50)	Edinburgh Athletic Club	21:07	2	3
25	Marie Kane (SW)	Cambuslang Harriers	21:09	14	1
26	Susan Ridley (W50)	Edinburgh Athletic Club	21:12	3	1
27	Lana Turnbull (SW)	Lothian Running Club	21:26	15	3
28	Ruby McGill (U20W)	Glasgow University Hares and Hounds	21:27	9	3
29	Jacqui Thomson (W60)	Cambuslang Harriers	21:30	1	1
30	Hilary Carswell (W50)	Giffnock North Athletics Club	21:49	4	1
31	Tara Tallulah Garioch (SW)	Glasgow University Hares and Hounds	21:52	16	1
32	Niamh Brown (SW)	Falkirk Victoria Harriers	21:54	17	3
33	Iona Stroma Hubbard (U20W)	Edinburgh University Hare and Hounds	22:09	10	3
34	Megan Smith (SW)	Corstorphine AAC	22:13	18	3
35	Karen Dobbie (W50)	Edinburgh Athletic Club V40	22:21	5	1
36	Gillian Lunn (W50)	Gala Harriers Athletic Club	22:28	6	1
36	Ilona Kriausaite (W40)	Garscube Harriers V40	22:28	2	3
38	Angela Carson (W50)	Giffnock North Athletics Club	22:29	7	3
39	Heather Crawford (SW)	Garscube Harriers	22:35	19	3
40	Diane Clark (W40)	Garscube Harriers	22:39	3	1
41	Andrea Cameron (W40)	Lothian Running Club V40	22:44	4	3
42	Melanie Ronald (W50)	Bellahouston Harriers	22:47	8	1
43	Katie Bennie (U20W)	Falkirk Victoria Harriers	22:51	11	1
44	Jennifer McFarlane (W40)	Pitreavie AAC	23:10	5	1
45	Marie McChord (W60)	Kirkintilloch Olympians	23:13	2	1
46	Fabienne Thompson (W50)	Perth Road Runners	23:21	9	1
47	Marina McCallum (W50)	Kirkintilloch Olympians	23:28	10	3
48	Jennifer Telford (W50)	Greenock Glenpark Harriers V40	23:38	11	1
49	Eileen Maxwell (W60)	Gala Harriers Athletic Club	23:52	3	3
50	Diane Stewart (SW)	Pitreavie AAC	23:54	20	3

Rank	Athlete	Club	Time	AgePos	Leg
51	Lauren Mackay (W40)	Bellahouston Harriers	24:02	6	3
51	Sharon Mcphee (W50)	Falkirk Victoria Harriers	24:02	12	3
53	Alana Stewart (SW)	Cumbernauld Amateur Athletics Club	24:14	21	3
54	Cliona Diamond (SW)	Central Athletic Club	24:17	22	1
55	Heather Lafferty (W40)	Greenock Glenpark Harriers V40	24:24	7	3
56	Abigail Strath (SW)	Lothian Running Club	24:27	23	1
57	Christine McKay (W60)	Bellahouston Harriers V40	24:31	4	1
58	Emma Mckinnon (SW)	Shettleston Harriers	24:34	24	1
59	Hannah Hislop (SW)	Central Athletic Club	24:44	25	3
60	Erica Christie (W60)	Cambuslang Harriers	25:05	5	3
61	Kirsty Gray (W40)	Lothian Running Club V40	25:10	8	1
62	Aimee Anderson (U20W)	East Kilbride Athletic Club	25:47	12	1
63	Fiona Manson (W50)	Perth Road Runners	26:49	13	3
64	Caroline Rae (W50)	Corstorphine AAC V40	27:05	14	1
65	Christine Syme (W70)	Pitreavie AAC	28:35	1	1
66	Liz Bondi (W60)	Lothian Running Club	29:22	6	1
67	Morna Fleming (W70)	Pitreavie AAC	29:23	2	3
68	Shirley MacNab (W60)	Kirkintilloch Olympians	31:47	7	3
69	Mags Turnbull (W60)	Lothian Running Club	32:47	8	3

Rank	Athlete	Club	Time	AgePos	Leg
1	Callum Hawkins (SM)	Kilbarchan AAC	28:36	1	6
2	James Crowe (SM)	Central Athletic Club	28:48	2	4
3	Lewis Hannigan (SM)	Kilbarchan AAC	29:02	3	2
4	Lewis Rodgers (SM)	Fife Athletic Club	29:24	4	2
5	Hamish Hickey (SM)	Central Athletic Club	29:29	5	6
6	Seyd Taha Ghafari (SM)	Shettleston Harriers	29:37	6	6
7	Daniel Bradford (SM)	Shettleston Harriers	29:53	7	2
8	Ewan Brown (SM)	Corstorphine AAC	29:58	8	6
9	Michael Cameron (SM)	Edinburgh Athletic Club	30:13	9	2
9	Andrew Thomson (SM)	Fife Athletic Club	30:13	9	4
9	Cameron Milne (SM)	Central Athletic Club	30:13	9	4
12	Luca Fanottoli (SM)	Central Athletic Club	30:14	12	2
13	Cameron Smith (SM)	Cambuslang Harriers	30:15	13	4
14	Kevan Harvey (SM)	Cambuslang Harriers	30:18	14	2
15	Calum Phillip (SM)	Central Athletic Club	30:20	15	2
16	Conor Gourley (SM)	Fife Athletic Club	30:24	16	6
17	Callum Tharme (SM)	Cambuslang Harriers	30:32	17	6
18	Jack Heathwood (SM)	Kilbarchan AAC	30:38	18	4
19	Angus Wright (U20M)	Edinburgh University Hare and Hounds	30:50	1	2
19	Stuart Livingstone (M40)	Corstorphine AAC V40	30:50	1	6
21	Darrell Hastie (M40)	Gala Harriers Athletic Club V40	30:56	2	4
22	Ross Good (SM)	Shettleston Harriers	31:06	19	4
23	Jordan Cruickshank (SM)	Metro Aberdeen Running Club	31:12	20	6
24	Andrew Carey (SM)	Glasgow University Hares and Hounds	31:29	21	6
25	Iain Whitaker (M40)	Edinburgh Athletic Club V40	31:35	3	2
26	John Lenehan (M40)	Edinburgh Athletic Club V40	31:36	4	6
27	James Dunn (SM)	Corstorphine AAC	31:45	22	2
28	Donald Macaulay (M40)	Corstorphine AAC V40	31:54	5	2
28	Dougie Selman (SM)	Corstorphine AAC	31:54	23	4
28	Freddie Fearn (SM)	Edinburgh University Hare and Hounds	31:54	23	4
31	Samuel Leitch (SM)	Edinburgh Athletic Club	31:59	25	4
32	Adam Stark (SM)	Bellahouston Harriers	32:02	26	2
33	Chris Richardson (SM)	Metro Aberdeen Running Club	32:07	27	2
34	Rory Muir (SM)	Cambuslang Harriers	32:11	28	6
35	Mickey Breen (SM)	Corstorphine AAC	32:15	29	2
36	Stuart Johnston (M40)	Edinburgh Athletic Club V40	32:18	6	4
37	Donnie Macdonald (M40)	Inverness Harriers AAC V40	32:22	7	6
38	John Newsom (M40)	Inverness Harriers AAC V40	32:23	8	2
39	Jonathon Downey (U20M)	Kilmarnock Harrier & Athletic Club	32:26	2	2
40	Will Mackay (SM)	Metro Aberdeen Running Club	32:27	30	4
40	Harry McGill (SM)	Glasgow University Hares and Hounds	32:27	30	4
40	Gordon Robertson (M40)	Cambuslang Harriers V40	32:27	9	6
43	Christopher Fullerton (SM)	Central Athletic Club	32:36	32	6
44	Colin Reilly (M40)	Cambuslang Harriers V40	32:42	10	4
45	Gregor Hunter (U20M)	Falkirk Victoria Harriers	32:46	3	2
46	Euan Martin (SM)	Falkirk Victoria Harriers	32:50	33	4
47	James Wiggins (SM)	Corstorphine AAC	32:55	34	6
48	Iain Hutchinson (M40)	Corstorphine AAC V40	32:56	11	4
49	Joseph Perkins (SM)	Corstorphine AAC	32:58	35	4
50	Craig Ferguson (SM)	Kilmarnock Harrier & Athletic Club	33:02	36	4

Rank	Athlete	Club	Time	AgePos	Leg
51	Greg Walker (M40)	Teviotdale Harriers	33:11	12	2
52	Iain Reid (M40)	Cambuslang Harriers V40	33:20	13	2
53	Scott Brember (M50)	Central Athletic Club V50	33:24	1	4
54	Kenny Garden (M40)	Metro Aberdeen Running Club V40	33:30	14	2
55	James Wright (SM)	Lothian Running Club	33:34	37	4
56	Kyle Fleming (SM)	Kirkintilloch Olympians	33:37	38	2
57	Peter Fenwick (M40)	Inverness Harriers AAC V40	33:45	15	4
58	Matthew Maciocia (M40)	Metro Aberdeen Running Club V40	33:52	16	6
59	Euan Andrews (SM)	Central Athletic Club	33:54	39	4
60	Mark Ritchie (SM)	Lothian Running Club	33:55	40	2
61	Dage Minors (SM)	East Kilbride Athletic Club	33:58	41	2
62	Justin Carter (M50)	Cambuslang Harriers V50	33:59	2	2
63	Andrew Forteath (M40)	East Kilbride Athletic Club	34:01	17	6
64	Jack Kirwan (SM)	East Kilbride Athletic Club	34:06	42	4
65	Jack Wallace (U20M)	Giffnock North Athletics Club	34:15	4	4
66	Adam Rouse (M50)	Edinburgh Athletic Club V50	34:18	3	4
67	Stephen Addison (SM)	Glasgow University Hares and Hounds	34:27	43	2
68	Tim Hely (M50)	Edinburgh Athletic Club V50	34:28	4	2
69	Gavin Spence (SM)	Garscube Harriers	34:49	44	6
70	Max Colligan (M50)	Corstorphine AAC V50	34:51	5	2
71	Paul Knight (M40)	Metro Aberdeen Running Club V40	34:54	18	4
72	Ross Aird (SM)	Peterhead Athletics Club	35:03	45	2
73	Matthew MacDonald (M40)	Garscube Harriers	35:05	19	4
74	Gary Trewartha (M40)	Gala Harriers Athletic Club V40	35:14	20	6
75	Joshua Dack (SM)	Lothian Running Club	35:16	46	6
76	Alan Cunningham (M50)	Corstorphine AAC V50	35:17	6	4
77	Keir Crawford (SM)	Cambuslang Harriers	35:26	47	2
77	Callum Butterworth (SM)	Shettleston Harriers	35:26	47	2
79	Stephen Wylie (M50)	Cambuslang Harriers V50	35:30	7	4
80	James MacLeod (M40)	Garscube Harriers	35:32	21	2
81	Gavin Mackay (M40)	Lothian Running Club	35:36	22	6
82	Michael Miller (SM)	Clydesdale Harriers	35:37	49	2
82	Richard Cooper (M50)	Cambuslang Harriers V50	35:37	8	2
84	Paul Murphy (SM)	Pitreavie AAC	35:43	50	2
85	Oliver MacDonald (U20M)	Giffnock North Athletics Club	35:46	5	2
85	Euan Rennie (SM)	Lothian Running Club	35:46	51	2
85	Louis R O'Hare (SM)	Cumbernauld Amateur Athletics Club	35:46	51	6
88	William MacGlashan (SM)	Glasgow University Hares and Hounds	35:48	53	4
89	Cris Walsh (M50)	Bellahouston Harriers	36:06	9	6
90	Paul Clawson (M40)	Bellahouston Harriers	36:25	23	4
90	Driss Keriouh (SM)	Lothian Running Club	36:25	54	4
92	Aaron Middleton (U20M)	Central Athletic Club	36:31	6	2
93	Finn Boylan (SM)	Glasgow University Hares and Hounds	36:35	55	6
94	Fergus Ingledew (SM)	Edinburgh Athletic Club	36:39	56	4
95	Gerard Taylor (M50)	Central Athletic Club V50	36:40	10	2
96	John Stewart (SM)	Cumbernauld Amateur Athletics Club	36:43	57	2
96	Mike Macdonald (M50)	Fife Athletic Club V40	36:43	11	2
98	Jamie Taggart (SM)	Giffnock North Athletics Club	36:55	58	4
99	Scott Goldie (M40)	Giffnock North Athletics Club	36:57	24	2
100	Iain Stewart (M40)	Gala Harriers Athletic Club V40	37:07	25	2
100	Ryan McRae (SM)	Peterhead Athletics Club	37:07	59	6

Rank	Athlete	Club	Time	AgePos	Leg
102	Luke Kirwan (SM)	East Kilbride Athletic Club	37:24	60	2
103	Nicholas Boyle (SM)	Giffnock North Athletics Club	37:30	61	6
104	Brian Robb (M40)	Metro Aberdeen Running Club	37:33	26	4
105	Liam Mitchell (SM)	Falkirk Victoria Harriers	37:38	62	6
106	Tom Paterson (SM)	Kirkintilloch Olympians	37:39	63	4
107	Paul Butler (SM)	Edinburgh Athletic Club	37:41	64	2
107	Graeme Downie (M50)	Pitreavie AAC	37:41	12	6
109	Christopher Fife (SM)	Corstorphine AAC	37:56	65	2
109	Daniel Rivera (M50)	Edinburgh Athletic Club V50	37:56	13	4
111	Scott Adams (SM)	Metro Aberdeen Running Club	38:10	66	2
112	Hugh Lonergan (U20M)	Glasgow University Hares and Hounds	38:11	7	2
113	Gregory Woodward (SM)	Glasgow University Hares and Hounds	38:14	67	2
114	Chris Forman (SM)	Peterhead Athletics Club	38:24	68	4
115	Andrew Gibson (M40)	Teviotdale Harriers	38:33	27	4
116	Colin Partridge (M40)	Lothian Running Club	38:46	28	4
117	David Allsop (M50)	Kirkintilloch Olympians	38:47	14	6
118	Stephen Dickson (M50)	Fife Athletic Club V40	38:59	15	4
119	Kevin Farmer (SM)	Cambuslang Harriers	39:00	69	4
120	Keith Charters (M60)	East Kilbride Athletic Club	39:09	1	4
121	Alex Potter (M60)	Victoria Park City of Glasgow AC V50	39:27	2	4
121	John Hancock (SM)	Edinburgh Athletic Club	39:27	70	6
123	John Poole (U20M)	Glasgow University Hares and Hounds	39:29	8	6
124	Ross Noble (SM)	Cambuslang Harriers	39:31	71	2
125	Jamie Clements (SM)	East Kilbride Athletic Club	39:51	72	6
126	Fraser Harkness (SM)	Pitreavie AAC	39:55	73	4
127	Peter Dyer (SM)	Edinburgh Athletic Club	39:56	74	6
128	Sean Casey (M50)	Cumbernauld Amateur Athletics Club	40:08	16	4
129	Iain Craven (M40)	Edinburgh Athletic Club	40:13	29	2
130	Tony McCutcheon (M50)	Cambuslang Harriers	40:24	17	4
131	David Anderson (M50)	Kilmarnock Harrier & Athletic Club	40:28	18	6
132	Andy Harley (M40)	Fife Athletic Club V40	40:34	30	6
133	Jonathan Sharp (M40)	Kirkintilloch Olympians V40	41:06	31	2
134	Lewis Orr (M50)	Edinburgh Athletic Club V50	41:12	19	2
135	Daniel O'Connell (M50)	Cambuslang Harriers V50	41:40	20	4
136	Charles Graham-Marr (M60)	Central Athletic Club V50	41:58	3	2
137	Gavin Phillip (M50)	Edinburgh Athletic Club	42:23	21	4
138	Liam Kemp (M50)	Gala Harriers Athletic Club V50	42:31	22	2
139	Bob Johnson (M60)	Gala Harriers Athletic Club V50	42:59	4	4
140	George Gilhooley (M60)	Lothian Running Club	43:06	5	6
141	Mark Geraghty (M50)	Linlithgow Athletic Club V50	43:22	23	4
142	Stuart Kelly (M50)	Victoria Park City of Glasgow AC V50	43:40	24	2
143	Callum Thompson (U20M)	Glasgow University Hares and Hounds	43:57	9	4
144	Brent Vivian (M50)	Corstorphine AAC V50	44:34	25	4
145	Scott Hair (SM)	Calderglen Harriers	44:47	75	2
146	William Bishop (M50)	Lothian Running Club	45:13	26	2
147	Chris Paton (M50)	Cambuslang Harriers	45:53	27	6
148	Hugh Buchanan (M60)	Central Athletic Club V50	45:59	6	4
149	Jan-Bert Van Den Berg (M60)	Corstorphine AAC V50	46:12	7	2
150	Omar Patel (M50)	Lothian Running Club	46:20	28	6

Rank	Athlete	Club	Time	AgePos	Leg
151	Andrew McFarlane (M40)	Pitreavie AAC V40	46:38	32	4
152	Craig Ferguson (M40)	Calderglen Harriers	46:41	33	4
153	John Cruickshank (M50)	Pitreavie AAC V40	46:48	29	2
154	Gregor Leggett (M40)	Lothian Running Club	47:09	34	4
154	Scott Walker (M40)	Pitreavie AAC V40	47:09	34	6
156	Ryan Nelson (SM)	Clydesdale Harriers	48:24	76	4
157	Ian Fyfe (M60)	Linlithgow Athletic Club V50	48:56	8	2
158	Robert Gibson (M40)	Calderglen Harriers	49:16	36	6
159	Stewart Strath (M40)	Lothian Running Club V40	49:44	37	2
160	Liam Scott (SM)	Lothian Running Club	51:31	77	2
161	Stuart Irvine (M70)	Garscube Harriers V50	58:17	1	2

Rank	Athlete	Club	Time	AgePos	Leg
1	Megan Keith (SW)	Inverness Harriers AAC	31:59	1	4
2	Kirsty Walker (SW)	Edinburgh Athletic Club	33:56	2	4
3	Morag Millar (SW)	Central Athletic Club	35:02	3	4
4	Eve MacKinnon (SW)	Cambuslang Harriers	35:37	4	4
5	Hannah Cox (SW)	Edinburgh Athletic Club	35:43	5	2
6	Jennifer Wetton (SW)	Central Athletic Club	36:03	6	2
7	Fiona Davies (SW)	Corstorphine AAC	36:28	7	2
8	Helen Leigh (W40)	Inverness Harriers AAC	36:43	1	2
9	Freya Ross (W40)	Falkirk Victoria Harriers	36:51	2	2
10	Katie Clubb (SW)	Cambuslang Harriers	36:56	8	2
11	Jo Williams (SW)	Lothian Running Club	37:06	9	2
12	Katie White (W40)	Garscube Harriers V40	37:44	3	4
13	Jill Cox (W40)	Greenock Glenpark Harriers V40	37:50	4	2
14	Jessica Tovey (SW)	Corstorphine AAC	38:21	10	4
15	Abigail Campbell (SW)	Edinburgh University Hare and Hounds	38:22	11	2
16	Allie Chong (W50)	Giffnock North Athletics Club	38:50	1	2
17	Kara Tait (SW)	Corstorphine AAC	38:58	12	4
18	Ceri Griffiths (U20W)	Edinburgh University Hare and Hounds	39:06	1	4
19	Frances Liddell (SW)	Edinburgh Athletic Club	39:14	13	2
20	Mary Senior (W50)	Garscube Harriers V40	39:15	2	2
21	Amy Andrew (U20W)	East Kilbride Athletic Club	39:45	2	2
22	Mhairi Mactier (SW)	Bellahouston Harriers	40:01	14	2
23	Amy Gough (U20W)	Central Athletic Club	40:18	3	2
24	Catriona Kane (U20W)	Edinburgh University Hare and Hounds	40:20	4	4
25	Elaine Hogg (W50)	Kirkintilloch Olympians	41:05	3	2
26	Janet Dunbar (W50)	Edinburgh Athletic Club	41:18	4	2
27	Sophie Collins (SW)	Corstorphine AAC	41:43	15	2
28	Saskia Chaplin (SW)	Edinburgh University Hare and Hounds	41:54	16	2
29	Louise Torr (SW)	Central Athletic Club	42:03	17	4
30	Julia Johnstone (W50)	Gala Harriers Athletic Club	42:17	5	2
31	Shannon MacLeod (SW)	Stirling University Athletics Club	43:17	18	2
32	Liz Johnston (W50)	Perth Road Runners	43:32	6	2
33	Louisa Jones (SW)	Glasgow University Hares and Hounds	43:37	19	4
34	Louise Smith (W40)	Cumbernauld Amateur Athletics Club	43:41	5	4
35	Katherine Hylands (SW)	Bellahouston Harriers	43:53	20	4
36	Sadie Croasdale (U20W)	Glasgow University Hares and Hounds	44:09	5	2
37	Bernadette Oneil (W50)	Cambuslang Harriers	44:15	7	2
38	Carla Mclellan (SW)	Cumbernauld Amateur Athletics Club	44:21	21	2
39	Gemma Chalmers (W40)	Pitreavie AAC	44:23	6	2
39	Karyn Stewart (SW)	Pitreavie AAC	44:23	22	4
41	Laura Gray (W40)	Garscube Harriers	44:25	7	4
42	Maisie Blair (SW)	Garscube Harriers	44:45	23	2
43	Claire Qualls (SW)	Stirling University Athletics Club	45:38	24	4
44	Christine MacVarish (W50)	Lothian Running Club V40	46:29	8	2
45	Fiona Macfarlane (W40)	Greenock Glenpark Harriers V40	46:35	8	4
46	Emma Laverie (W40)	Edinburgh Athletic Club	47:12	9	4
47	Judith Thomson (W50)	Lothian Running Club V40	47:39	9	4
48	Rachel Wardrope (SW)	Cambuslang Harriers	48:14	25	2
49	Rosemary Gallagher (W50)	Pitreavie AAC	48:34	10	2
50	Monica Anderson (W50)	Falkirk Victoria Harriers	49:54	11	4
51	Ada Stewart (W60)	Kirkintilloch Olympians	50:21	1	2
52	Janet Murray (W40)	Falkirk Victoria Harriers	50:34	10	4
53	Stephanie Rudd (W50)	Bellahouston Harriers V40	51:02	12	2
54	Janet Grigor (W50)	Corstorphine AAC V40	51:44	13	2
55	Debz Graham (W50)	Falkirk Victoria Harriers	52:03	14	2
56	Kirsten Paul (SW)	Lothian Running Club	53:42	26	2